# Senior Food Program 

## What is the Senior Food Program?

The Senior Food Program is a USDA program which works to improve the health of low-income seniors 60 years of age and older by supplementing their diets with nutritious foods. The Food Bank packs and distributes 35 -pound food boxes at more than 50 locations throughout Imperial County. Boxes contain canned and packaged food including vegetables, fruit juice, pasta, milk, cereal, canned meat, and a non-meat protein.


Here is an example of what seniors will typically receive in a monthly Senior Food Program box.

## What You Need to Apply:

- Valid I.D. with Date of Birth (driver's license, passport, etc.)
- Proof of address* (Utility, water, or telephone bill, rent receipt or rental agreement)
*(P.O. Box is not valid)



## How to Apply:

To be eligible, applicants must be at least 60 years old, a resident of Imperial County, and meet the federal income guidelines* listed below. Eligible applicants must apply in person at a distribution site near his or her residence.

| Household Size | Gross Monthly Income | Gross Annual <br> Income |
| :---: | :---: | :---: |
| 1 | $\$ 1,580$ | $\$ 18,954$ |
| 2 | $\$ 2,137$ | $\$ 25,636$ |
| 3 | $\$ 2,694$ | $\$ 32,318$ |
| 4 | $\$ 3,250$ | $\$ 39,000$ |
| Additional Member | $\$ 557$ | $\$ 6,682$ |

"Income guidelines are provided by the USDA and were last updated 1/26/2023.

For your local distribution site, call the Food Bank at 1-760-370-0966 or call 2-1-1 ivfoodbank.com

